



FORM Price List

PILATES & YOGA: PRIVATE SESSIONS

INTRO SESSIONS		60 MIN PRIVATE PILATES		90 MIN PRIVATE PILATES		120 MIN PRIVATE PILATES	
INTRO	\$110	SINGLE	\$150	SINGLE	\$225	SINGLE	\$295
4 PACK	\$395	4 PACK	\$565	4 PACK	\$850	4 PACK	\$1,130
		8 PACK	\$1,095	8 PACK	\$1,645	8 PACK	\$2,195
		12 PACK	\$1,575	16 PACK	\$3,150	16 PACK	\$4,195
		24 PACK	\$2,980	24 PACK	\$4,455	24 PACK	\$5,935

GROUP CLASSES

REFORMER SERIES		REFORMER CLASSES - DROP IN		MAT CLASSES - DROP IN	
4 WEEKS	\$185	SINGLE	\$50	INTRO	\$30
8 WEEKS	\$365	4 PACK	\$190	SINGLE	\$35
		8 PACK	\$365	4 PACK	\$130
		16 PACK	\$705	8 PACK	\$255
				16 PACK	\$490

PILATES & YOGA: DUET SESSIONS (Price Per Client)

SINGLE	\$85
4 PACK	\$315
8 PACK	\$610
16 PACK	\$1,170

RMT

75 Min	\$195
45 Min	\$115
60 Min	\$155
90 Min	\$230

PHYSIO

45 Min	\$155
30 Min	\$100
60 Min	\$180
PTSW	\$165

**New rates come into effect August 17, 2022*